

# LESSON PLAN

## Cream of the Crop: Assessing the Environmental Benefits of Prairie Strips

**Note:** This lesson plan is intended to be used in conjunction with the *Natural Inquirer* “Cream of the Crop” article.

This lesson plan will have students read an article and answer the questions associated with it. After, they will complete a hands-on fact-based activity demonstrating the importance and role roots play in ecosystems, especially native prairies.

**Time Needed:** 2-3 Class Periods

### Materials

Day 1:

- *Natural Inquirer* “Cream of the Crop” article
- Lined Paper (for note taking/answering reflection questions)
- Writing Utensil

Day 2/3:

- Electronic Kitchen Scale
- Clock or timer
- Sugar, finely ground coffee, cocoa powder, or similar item
- Measuring cup or tablespoon

Materials per student or group of students

- 3 six-inch pieces of ½ inch, twisted rope (hemp or cotton)
- 3 plastic cups with water
- 3 pencils

- 3 binder clips
- Plastic sandwich bag
- Permanent marker
- Why So Fine? Graphic Organizer

### Methods:

Prep

Be sure to familiarize yourself with the “Cream of the Crop” article and reference questions. Make sure you have all the required materials for the FACTivity and printed the graphic organizer if you plan to use those in teaching this lesson.

### Day One

Have students read the *Natural Inquirer* “Cream of the Crop” article from pages 7-27. Students can read in pairs, aloud, individually, or in groups- whatever method works best for your class. Students can review the reflection questions from the journal and answer them on a separate sheet of paper, if time allows. These serve as an optional assessment. All of the Reflection Section questions are located at the end of this lesson plan for you to utilize.

### Days Two & Three

This portion of the lesson is a FACTivity adapted from the “Roots – Why so Fine?” lesson plan produced by the University of Northern Iowa Tallgrass Prairie Center.

Clear instructions for this activity can be found at the end of this lesson plan, in the FACTivity guide provided along

with the “Why So Fine? Graphic Organizer.” This activity should take one day to complete. Educators can use Day Three or even a Day Four as extra time to wrap up the lesson, FACTivity, and discuss results.

Optional Assessment:

After reading the *Natural Inquirer* “Cream of the Crop” article, and having completed the FACTivity, you can have students come together as an entire class to discuss and assess what they learned. Sample discussion questions might be:

What did each group find during their experiment?

Compare graphic organizer results.

Were your predictions accurate?

What did you learn about roots and root structure from this experiment?

Why is root structure so important to plants?

### Reflection Questions from the Article:

1. State in your own words the questions the scientists were trying to answer with this research.
2. The scientists knew their previous research showed the benefits of prairie strips. Why did the scientists need to show that the prairie strips were a practical solution?

3. The scientists tested 4 treatments, and each treatment was repeated 3 times. Why did the scientists test each treatment multiple times?
4. Have you ever taken a survey? Do you think surveys are a good way to get people’s opinions? Why or why not?
5. Think of a recent survey of which you are aware. Describe that survey.
6. The scientists found little difference in benefits between the three prairie strip treatments. What does this tell you about how prairie strips should be arranged in agricultural areas?
7. Are you surprised that Iowa residents shared the priority of improving water quality? Why or why not?
8. Review the various priorities listed in figure 14. Think about the place where you live. What is your top priority from that list? Why?
9. The scientists recognize that farmers may need encouragement to adopt prairie strips as a solution. What would you tell a farmer to convince them to adopt prairie strips in their agricultural lands?
10. Do you think replacing crops with prairie plants is a good idea? Why or why not?

# FACTivity



This FACTivity was adapted from the “Roots - Why So Fine?” lesson plan produced by the University of Northern Iowa Tallgrass Prairie Center. To learn more, visit [https://tallgrassprairiecenter.org/sites/default/files/lesson\\_plans/why\\_so\\_fine.pdf](https://tallgrassprairiecenter.org/sites/default/files/lesson_plans/why_so_fine.pdf).

## Time Needed

One class period

## Materials

- Electronic kitchen scale
- Clock or timer
- Sugar, finely ground coffee, cocoa powder, or similar item
- Measuring cup or tablespoon

## Materials (per student or group of students)

- 3 6-inch pieces of  $\frac{1}{2}$  inch, twisted rope (hemp or cotton)
- 3 plastic cups with water
- 3 pencils
- 3 binder clips
- Plastic sandwich bag
- Permanent marker
- Why So Fine? Graphic Organizer

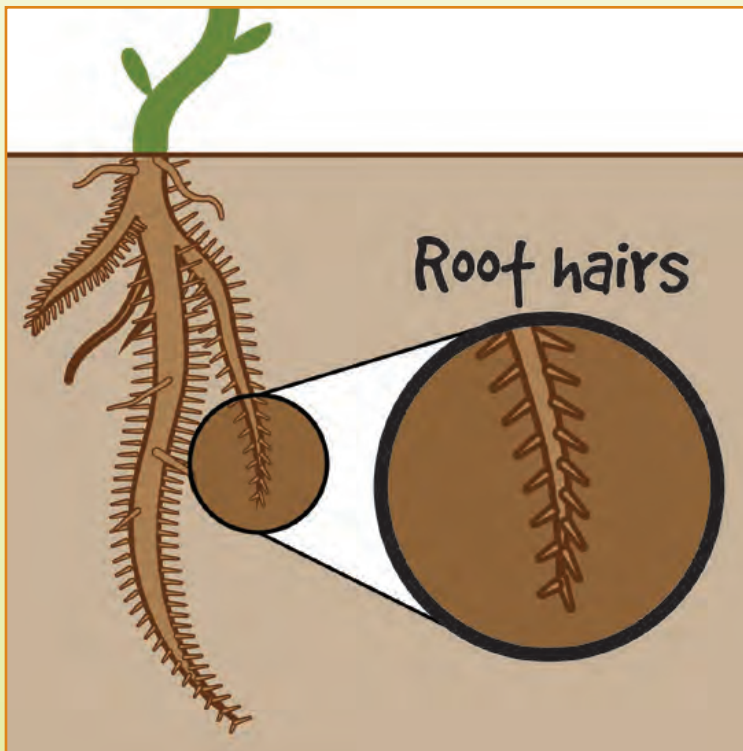
In this FACTivity, you will use every-day materials to explore how root size impacts the exchange of materials between roots and their surrounding environment.

## FACTivity Background

As you read in the “Cream of the Crop” article, the tallgrass prairie ecosystem provides many ecosystem services. For instance, the deep and dense root system of native prairie plants slows water runoff and helps preserve soil and nutrients. The roots of these prairie plants provide structure for the soil. The roots also absorb water and exchange material with the soil.

Many of the tallgrass prairie plants are **perennial**. These root systems are working all year, even though you might only see the aboveground grasses growing during the warmer months. The life cycle of perennial plants is different than many crops grown in similar areas, which are **annuals**.

Much of the exchange between roots and soil occurs at the root tips where many very small roots are found, called “root hairs” (figure 17). The root hairs increase the surface area of root systems, enabling plants to exchange more water and nutrients.



**Figure 17.** Root hairs are the very small, hair-like roots that grow on the larger roots. Root hairs increase the surface area through which plants can take up nutrients and water with the soil.

Illustration by Stephanie Pfeiffer.

## FACTivity Methods

Begin by discussing the ecosystem services provided by the native tallgrass prairie ecosystem, like how roots slow water and soil runoff. Images of prairie root systems can be found at: [https://www.tallgrassprairiecenter.org/curriculum\\_images](https://www.tallgrassprairiecenter.org/curriculum_images). What do you notice about these roots?

Your teacher will provide each student or group of students with the ropes, plastic cups, pencils, binder clips, plastic sandwich bag, permanent markers, and copies of the “Why So Fine? Graphic Organizer.”

Using a permanent marker, label one cup “Thick,” one “Medium,” and one “Fine.”

Fill each cup with the same amount of water. Cups should be filled at least halfway with water.

The three pieces of rope will be made into models of three types of roots or root structures (figure 18). One piece will stay completely twisted to represent a thick root. Another piece should be unraveled half of its length, leaving a few medium strands of rope. The last piece should be unraveled over half its length and separated into many fine strands.



**Figure 18.** Each of your three pieces of rope should be different. One should represent a thick root, one should represent a few medium-sized roots, and one should represent many fine roots.

Illustration by Stephanie Pfeiffer.

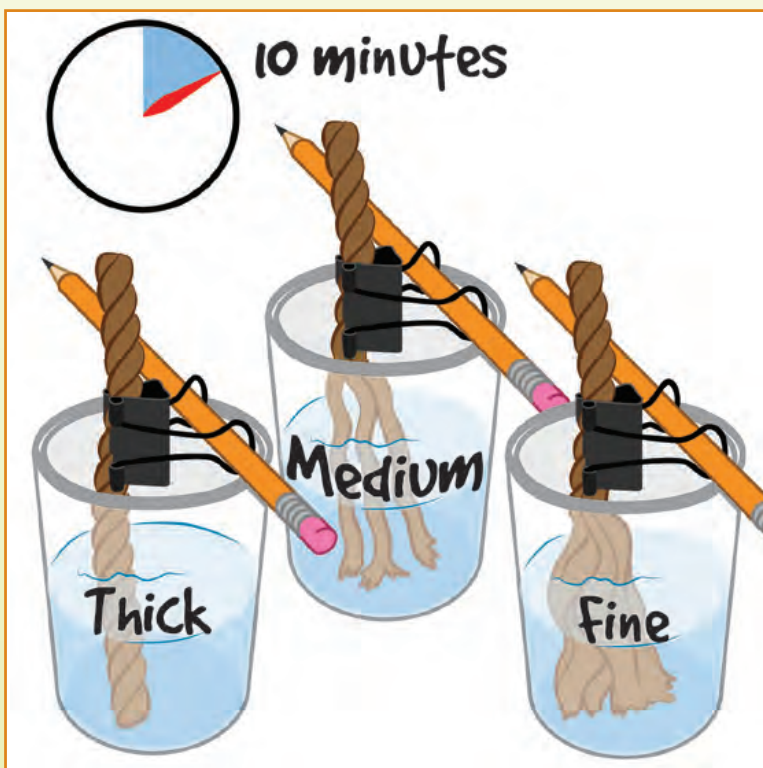
Using the scale provided by your teacher, weigh each of your ropes. Record the weight of each in the appropriate spot on your graphic organizer.

Which root structure will absorb more water? Why? Write your answers to these questions in the appropriate spots on your graphic organizer.

Start the experiment by first attaching the thick rope to the binder clip, then threading the pencil through the metal arms, then placing the rope and clip together next to the appropriate cup of water (figure 19). Repeat this step with each of the other root structure models.

Put each of the root structure models into the appropriate cups, allowing them to rest in the water. Let sit for 10 minutes.

Your teacher will come around after the 10 minutes to help you measure the weight of each model root structure using the electronic kitchen scale. Record the weights of each model root structure in the appropriate spot on your graphic organizer.



**Figure 19.** Each piece of rope should be clipped into a different binder clip, and a pencil should be slipped through the metal arms of binder clip.

Illustrations by Stephanie Pfeiffer.

Your teacher will also fill your plastic sandwich bag with sugar, finely ground coffee, cocoa powder, or a similar item. This material represents nutrients that can be exchanged with the roots.

One at a time, take each model root structure, place it in the bag. Close the bag and shake the bag for 10 seconds (figure 20).

Once all three have been individually shaken in the bags, look at the model root structures and rank them based on how much material is attached to the rope. Number one should be the root with the most nutrients and number three should be the root with the least nutrients. The more material attached, the more “nutrients” the model root structure could exchange with the soil.

Record these rankings on the appropriate spot on the graphic organizer.



**Figure 20.** Place each piece of rope individually into the bag and shake for 10 seconds. Remove the rope and place it on the table until each rope has been shaken and compared to one another.

Illustration by  
Stephanie Pfeiffer.

As a class, discuss the results of the experiment. Were your predictions accurate? Why or why not? What did you learn about roots and root structure from this experiment? Why is root structure so important to a plant?

# Why So Fine? Graphic Organizer

Complete this graphic organizer as prompted in the Methods section of the FACTivity.

WEIGHT BEFORE		
Thick	Medium	Fine

Which root structure will absorb more water? Why?

WEIGHT AFTER		
Thick	Medium	Fine

Which root structures absorbed the most nutrients?  
Rank the root structures 1-3, with 1 being the best and 3 the worst.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Were your predictions accurate? Why or why not?  
What did you learn about roots and root structure from this experiment?  
Why is root structure so important to a plant?

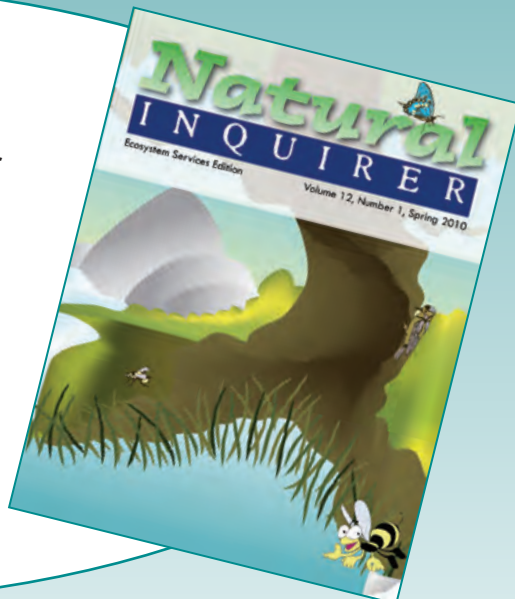


## Natural Inquirer Connections

You may want to reference this *Natural Inquirer* article for additional information:

- For more information on ecosystem services, read the *Natural Inquirer* Ecosystem Services edition.

This article, along with others, can be found at:  
<http://www.naturalinquirer.org/all-issues.html>.



If you are a trained Project Learning Tree educator, you may use “Pass the Plants, Please” and “Field, Forest, Stream” as additional resources.

## Web Resources



### Science-based Trials of Row Crops Integrated with Prairie Strips – Iowa State University

<https://www.nrem.iastate.edu/research/STRIPS/>

### Tallgrass Prairie Center – University of Northern Iowa

<https://tallgrassprairiecenter.org/>

### Midwin National Tallgrass Prairie

<https://www.fs.usda.gov/main/midwin/home>

### National Forest Foundation Midwin Tallgrass Prairie Restoration Video

[https://youtu.be/YQ\\_eF5zlhSU](https://youtu.be/YQ_eF5zlhSU)

### Tallgrass Prairie National Preserve – National Park Service

<https://www.nps.gov/tapr/index.htm>

### Welcome to Your National Grasslands – USDA Forest Service

<https://www.fs.fed.us/grasslands/>

### GrasslandsLIVE

<https://grasslandslive.org/>

### World Rangeland Learning Experience (WRANGLE) - University of Arizona

<https://wrangle.org/>